

Creating powerful articles without the heavy lifting.

By: Stephen Axtell, editor of the Journal of Nurse Life Care Planning



Writing for publication is powerful

For the writer:

- Reputation
- Attract funding
- Networking opportunities
- Professional development

For all of us:

- Improve the practice
- Protect and care for patients



Isn't AI good at research?

Can I use AI?



It depends...



It depends...

Say hello to AI



Image created through Gencraft AI

What AI is

- Well read
- Eager to please
- Open to new ideas



Image created through Gencraft AI

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What AI is not

- An expert in anything.
- HIPAA compliant
- Restrained by expectation or convention

AI can find things we
didn't think possible:



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didn't think possible:



CNN US World Politics Business Opinion Health Entertainment Style Travel Sports Undersc

INNOVATE



AI tech designed for bakeries could help detect cancer



Brain Co., a Japanese company, originally developed AI to differentiate baked goods at bakery checkouts. Now, it says this tech is being used to detect cancer cells with up to 99% accuracy.

AI can find things we didn't think possible:



But it is also a little too eager to please:

INNOVATE



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LAW

Michael Cohen says he unwittingly sent AI-generated fake legal cases to his attorney

DECEMBER 30, 2023 · 8:20 AM ET

By The Associated Press



What AI is

An intern.



Image created through Gencraft AI

What AI is

An intern.



What it can be trusted to do:

On its own:

- Outline an article

With distrustful review:

- Find research
LEADS
- Brainstorm



Phases of the writing process

Phase one: Prewriting

Brainstorming ideas

Outlining

Researching



Brainstorming

You can use AI here, but start with colleagues.



Brainstorming

You can use AI here, but start with colleagues.

Using Microsoft's Copilot Ai produced this:

Nurse life care ethics is a topic that involves the ethical principles and values that guide the practice of nurse life care planning. Nurse life care planning is a process of assessing, planning, implementing, and evaluating the health care needs of individuals with complex, chronic, or catastrophic conditions. Some of the questions that people have asked about nurse life care ethics are:

What are the ethical obligations of nurse life care planners to their clients, colleagues, and profession?

How do nurse life care planners respect the autonomy, beneficence, justice, and non-maleficence of their clients?

What are the ethical challenges and dilemmas that nurse life care planners face in their practice?

How do nurse life care planners use the ANA Code of Ethics for Nurses and the AANLCP Code of Ethics and Conduct to guide their ethical decision-making?

How do nurse life care planners collaborate with other health care professionals and stakeholders in providing ethical and quality care for their clients?



Brainstorming

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Outlining

Take the time. It *ALWAYS* helps.



Outlining

Take the time. It ALWAYS helps.

After creating a first draft, ask an AI to outline your topic.

Synthesize for a stronger outline



Research

Use your databases first. Think hard about your search terms and limits!

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your

If you're using AI to

reach, remember it's an intern.



Research

Consider Researchgate, the LinkedIn for researchers where research articles may be found.

Take detailed notes, including citations.

Consider a note taking app like Evernote

Use citation management software like Easybib, or Endnote

Evidence hierarchical considerations

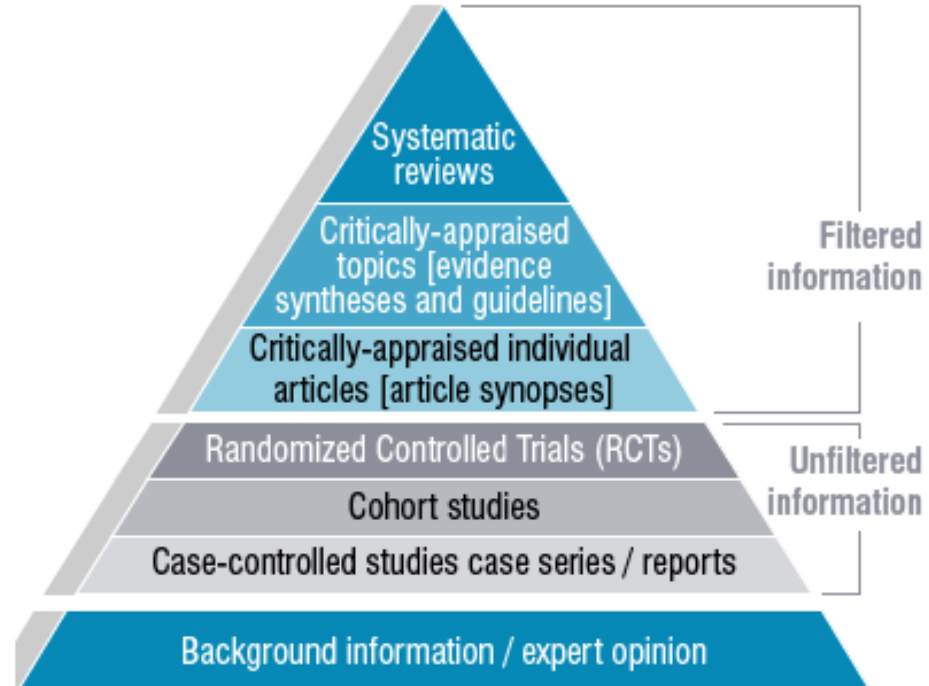
Hierarchy factors:
Group or individual

Specialty

Field:

Scientific orients around rigor

Legal orients around precedent
and authority



Hierarchy of evidence provided by the National Health and Medical Research Council (NHMRC)



Writing the article

Do NOT use AI inaccurate information and accidental plagiarism are real threats.

Search the internet to see if there is a template you can use to make your drafting easier and more effective.

Write your first draft without pausing to clean up spelling and grammar.



Editing the article

Only run spell check before sending the article to a trusted reviewer.

Don't waste time on wording until the second or third draft.



Editing the article

Only run spell check before sending the article to a trusted reviewer.

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Let the article have time in your mind. New understandings and ideas take time.



Editing the article

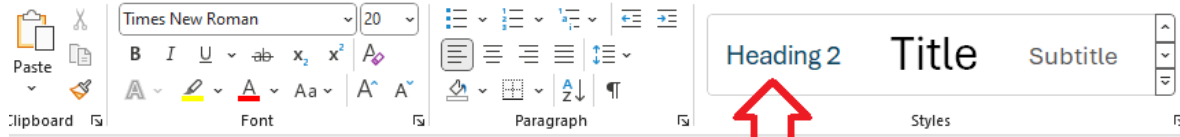
Only run spell check before sending the article to a trusted reviewer.



Editing the article

Utilize your word processor's Styles function.

Using styles

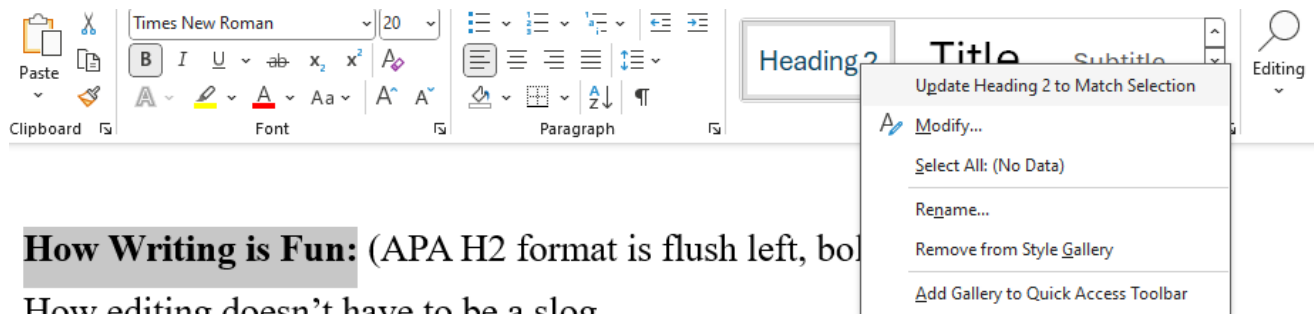


My Example

How writing is fun: (APA H2 format is flush left, bold, title case)

How editing doesn't have to be a slog

Using styles

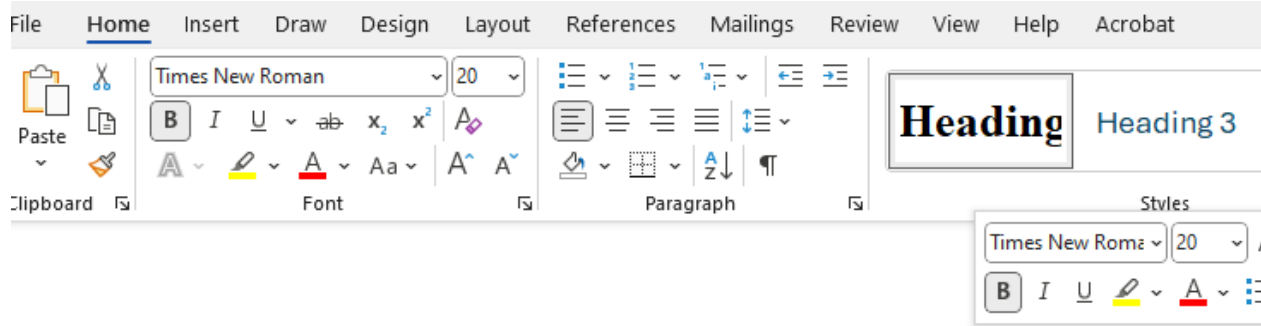


The screenshot shows the Microsoft Word ribbon with the following sections visible: Clipboard, Font (Times New Roman, size 20), Paragraph, and Editing. A context menu is open over the 'Heading 2' style in the Styles pane. The menu options are: 'Update Heading 2 to Match Selection', 'Modify...', 'Select All: (No Data)', 'Rename...', 'Remove from Style Gallery', and 'Add Gallery to Quick Access Toolbar'. Below the ribbon, the text 'How Writing is Fun: (APA H2 format is flush left, bold)' is displayed, with 'How Writing is Fun:' highlighted in a grey box. Below that, the text 'How editing doesn't have to be a slog' is visible.

How Writing is Fun: (APA H2 format is flush left, bold)

How editing doesn't have to be a slog

Using styles



How Writing is Fun:

How editing doesn't have to be a slog





Tips and takeaways

Labor saving tech:

- AI services. Hundreds that are becoming more and more specialized.
- Word processor style functions
- Note-taking software: Evernote
- Citation management software: Easybib, EndNote
- Researcher social media and database: ResearchGate

Better writing practices

- Appreciate the process
- Include sounding boards
- Make it social as much as you can
- Let your writing marinate (Give it time)
- Don't forget to look out for templates



References

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